

WRAP CANADA

“CREATING COMMUNITY FOR ALL”

THE ANNUAL REPORT

OF THE

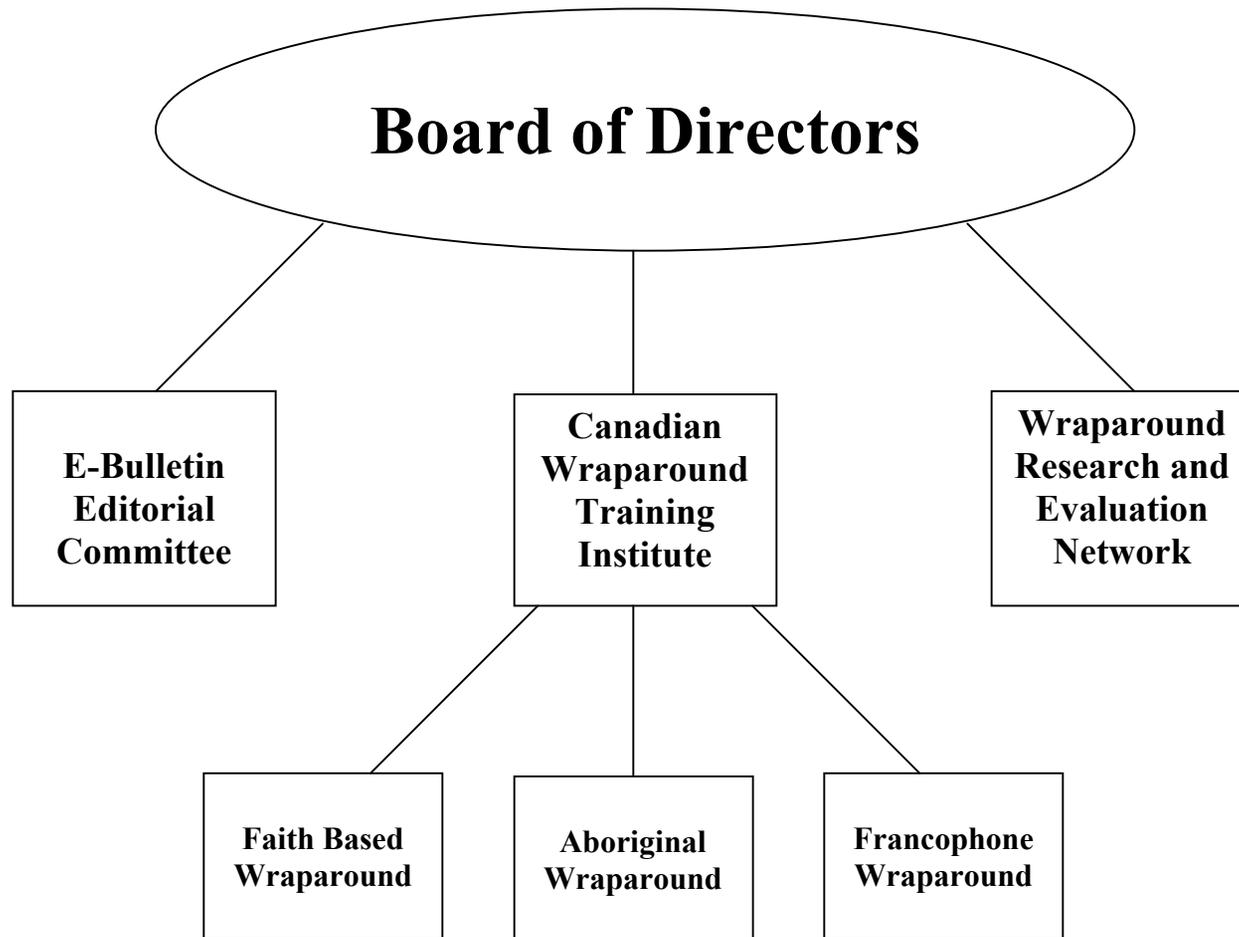
NATIONAL DEVELOPMENT DIRECTOR

FOR WRAP CANADA’S ANNUAL GENERAL MEETING

On April 25th of 2013

**Andrew Debicki,
National Development Director,
Wrap Canada**

WRAP CANADA
“CREATING COMMUNITY FOR ALL”



WRAP CANADA - “CREATING COMMUNITY FOR ALL”

A REPORT FROM ANDREW DEBICKI NATIONAL DEVELOPMENT DIRECTOR, WRAP CANADA

April 25, 2013

Dear Members, Board Members and Colleagues,

This is my fifth annual report to the Board of Directors and the membership of Wrap Canada as your (Volunteer) National Development Director.

First and foremost I want to thank Mark Vander Vennen, our Board Chair, for his vision, leadership and support of me in this role. Second, I want to thank the members of the Board of Directors for their vision, support, commitment and hard work on behalf of Wrap Canada. They have given freely and frequently of their time in our efforts to make Wrap Canada a pan-Canadian association. Working together and with the support and assistance of many members of the association we have made great progress on many fronts over the last year.

But first, the vision and mission of Wrap Canada.

THE VISION OF WRAP CANADA

All children, youth, adults and their families will be part of a vibrant supportive community such that their varied challenges and needs will be heard, addressed and met.

THE MISSION OF WRAP CANADA - “CREATING COMMUNITY FOR ALL!”

Wrap Canada will support communities to successfully implement the Wraparound Process with all children, youth and adults and their families dealing with varied and complex problems so that they have better lives and can be active participants in their community.

STRATEGIC DIRECTIONS FOR WRAP CANADA & RELATED ACTIVITIES

It is exciting to be able to present a structural diagram of Wrap Canada and the various groups and committees that have been developed and established over the last 3 years.

I want to thank the members of each of those committees for their vision, dedication and hard work in making each of these committees a reality. Membership of each of the 3 committees and the 3 sub-committees of the Canadian Wraparound Institute are made up of both Board members and leaders from a number of Wraparound initiatives across the country.

Together we have accomplished a great deal with in kind donations of time, expertise and resources. Wrap Canada is truly a national association comprised of partnerships that work together in an effective and efficient way to accomplish the mission and tasks of the association.

I will outline the focus and work of each of these committees and sub committees in relation to my report on progress made with respect to each of the 10 strategic directions of Wrap Canada.

1. To develop a strong, vibrant network of interrelated and diverse community initiatives using the Wraparound process across Canada

In the fall of 2011 members of the Board of Directors of Wrap Canada decided to take strategic action to make Wraparound and especially Wrap Canada better known nationally. To accomplish this an Editorial Committee of Wrap Canada was struck and is led by Jane Ashmore. This committee developed and launched a bimonthly E-Bulletin starting in November of 2011 with its inaugural issue. This coming fall we will have sent out almost 2 years worth of E Bulletins to our membership and others interested in Wraparound.

The name of the E Bulletin is “[CREATING COMMUNITY staying connected](#)”.

Once each issue is approved for release by the Editorial Committee it is sent out to our membership and other interested parties and posted on Wrap Canada’s website at www.wrapcanada.org

The E Bulletins to date have highlighted various new and existing Wraparound initiatives across the country as well as keeping people posted on Wraparound news, developments and publications.

We will continue to approach Wraparound initiatives across the country inviting them to contribute short articles or brief news headlines. Our hope is that people involved with and interested in Wraparound will become engaged in this new forum for knowledge exchange about Wraparound in Canada.

We would be thrilled to include information about your Wraparound project in Wrap Canada’s E Bulletin. You can submit a brief item (approximately 100 words) for our News section. Our plan continues to be to focus on a different initiative with each issue.

If you wish to submit a brief description of your work please include the following information: the history of how your project got started, the population served and location, something you have

celebrated and something you have learned. Links to any websites or other online resources would also be great so that interested readers can follow up and find out more about your work.

Perhaps you have other ideas of ways you could contribute to this new E Bulletin or things we could do to improve it. We would love to hear from you. Please feel free to email the Chair of the Committee, Jane Ashmore at janeashmore@wraparoundnorthumberland.ca

Building Wrap Canada, One Partnership at a time!

For two years now we have shifted our approach to providing training, program development and program evaluation assistance to groups, organizations, communities and regions asking for our helping in developing their Wraparound project.

In the past when people called asking about Wraparound and the training involved we discussed the potential to establish a training contract with them. The upside of this is that often people who called for training just want to know about the training they need to do upfront to be able to start to implement the use of the Wraparound process. The downside has been that people who have only received upfront training have often struggled to successfully implement the Wraparound process over time.

We know that good clinical teaching/coaching is necessary for the successful implementation of the Wraparound process to a high degree of fidelity with the evidence base.

Now when people call interested in implementing Wraparound we suggest that we develop a partnership between Wrap Canada and themselves. This partnership focuses on developing their capacity to provide high fidelity Wraparound through comprehensive training and the ongoing clinical teaching/coaching of their staff.

The partnership also includes significant phone consultation up front and on an ongoing basis to support their development. In addition if they want we will help them to develop an ongoing program evaluation framework that ensures that they can track and measure the hoped for outcomes with the people with whom they work while also ensuring that they are delivering high fidelity Wraparound.

As Wrap Canada does not yet have sustainable funding we do need to charge for on site training, consultation and associated travel costs but we are doing that at cost. This has been extremely well received given the tough economic times we are all facing in Canada.

The result of this approach to partnership has resulted in a number of new and developing partnerships across the country in British Columbia, Alberta, Manitoba, Saskatchewan, Ontario and hopefully soon in Quebec and the maritime provinces.

2. To develop a Training and Technical Assistance Team that promotes, assists and supports excellence in the training, coaching and implementation of WP with children, youth and adults and their families experiencing/living with multiple, complex and unmet needs.

We are thrilled to announce the launch of Wrap Canada's:

Canadian Wraparound Training Institute

The institute meets regularly and is co-led by Mark Vander Vennen, Cathy Blocki-Radeke and Andrew Debicki. Over the last year we have finished the development of the Canadian High Fidelity Wraparound model and are poised to launch new training modules for the Canadian model this spring.

The team from Wrap Canada's Canadian Wraparound Training Institute developed this basic skills curriculum, the accompanying Training Modules and a Learning Journal. They built on the evidence base for High Fidelity Wraparound as first established in the United States that is outlined on the National (U.S.) Wraparound Initiative's website.

Over the last 20 years the American model was successfully adapted to Canada and further developed by the lead author, Andrew Debicki (Wrap Canada's National Development Director and Co Chair of The Canadian Wraparound Training Institute) with the support and work of the following members of Wrap Canada's Canadian Wraparound Training Institute:

- Mark VanderVennen (co chair), E.D. of Shalem Mental Health Network
- Cathy Blocki-Radeke (co chair), Mgr.Wraparound Services, Oolagen Community Services
- Jane Ashmore, Wraparound Coordinator, Northumberland Wraparound
- Jacqueline Jean-Pierre, Wraparound Facilitator, Oolagen Community Services
- Louise Latourelle, Wraparound Coordinator, Wraparound Halton
- Elske de Visch Eybergen, Wraparound Coordinator, Wraparound Hamilton
- Lise Vanderblik, Wraparound Coach, Oolagen Community Services
- Helder Koster, Wraparound Facilitator, Oolagen Community Services
- Gisele Forrest, Mgr Wraparound Services, Catulpa Community Support Services

This team has close to 250 years of collective experience working with children, youth and adults and their families dealing with multiple, complex and ongoing problems, implementing community based services and leading and supporting change in policy and practice at the local, provincial and national level for the purpose of developing more value based, effective and efficient programs to support this population.

This team also has close to 150 years of collective experience in implementing the Wraparound process with children, youth and adults and their families. The members of this team have collectively provided hundreds of trainings in how to implement the Wraparound process across most of the provinces of Canada and, more recently, in Norway.

Taken together all of this experience and wisdom led them over the last 10 years to commit to implementing the Wraparound process to a high degree of fidelity with the model. In this respect the meaning of the term high fidelity is "to stay true to the model". This is where the term "High Fidelity Wraparound" originated.

Over the last 5 years this team has made significant progress in defining and operationalizing a Canadian High Fidelity Wraparound model. They started by building on the work and success of the National Wraparound Initiative in the U.S. and especially on the work of Dr. John VanDenBerg of Vroon VanDenBerg, LLP.

The model of High Fidelity Wraparound that they developed in the U.S. was based on a set of 10 key practice principles and 4 phases of activities that a Facilitator must implement to a high degree of fidelity in order to help the participant to change in significant ways that lead to the improvement of their lives on a daily basis. This model was then rigorously tested and refined through research done by a number of leading researchers across the U.S. over the last 10 years.

The research is clear: Wraparound implemented to a high degree of fidelity with the model is highly correlated with significant change in the lives of the children, youth and adults and their families served.

From there we looked at the implementation gap. That is the gap or the challenges that arise out of taking a model developed in the U.S. within a very different social, educational and health care system as well as a different culture and attempting to implement it here in Canada.

We then studied Canadian programs that were particularly successful in adapting and implementing the model to work to a high degree of fidelity here in Canada which was highly correlated with significant change for the people/families served.

In the U.S the National Wraparound Initiative's Wraparound Evaluation and Research Team (WERT) developed standardized tools that have been normed and validated to measure fidelity. The most significant of these tools is the Wraparound Fidelity Index (WFI).

Over the last 5 years we have adapted the WFI with their permission and support so that we can effectively measure the fidelity of our implementation of a Canadian model of Wraparound. The result of all of this work has been the development of a Canadianized version of the Wraparound Fidelity Index and the development of a Canadian High Fidelity Wraparound model.

The Canadian High Fidelity Wraparound model that was developed is based on all of the work done to specify the critical components necessary to effectively and efficiently implement the model to maximum effect for the children, youth and adults and their families served. Adherence to this Canadian High Fidelity model and the implementation and ongoing development of fidelity tools like the Wraparound Fidelity Index are crucial to the continued improvement in how to most effectively help the people and families we serve.

The Wraparound Facilitator training and certification system that we have developed is delivered over four days of training (or through the completion of 8 three hour modules). Each day of training or module has a variety of different exercises to choose from depending on the needs of those being trained and the target population with which they are working.

We have established two new levels of certification that are more skill based than those used currently. When a Facilitator has completed the first 4 days of training or the first 8 modules of

training and the necessary exercises including their Learning Journal they are then designated as a “Certified Wraparound Facilitator”.

The next level of certification is achieved when a certified Wraparound Coach has trained and observed that the Facilitator has developed the necessary skills to implement the Wraparound process to a high level of fidelity on a consistent basis with at least two or more people/families. They are then designated as a “Certified High Fidelity Wraparound Facilitator”.

In January of 2013 we launched three sub committees of the Canadian Wraparound Training Institute to develop the following adaptations of the Canadian High Fidelity Wraparound Model:

- Faith Based Wraparound (this work is being partially supported by a grant from World Vision Canada)
- Aboriginal Wraparound
- Francophone Wraparound

The people involved with each of these subcommittees are in the process of developing their Terms of Reference as they start to undertake the development of these adaptations of the Canadian High Fidelity Wraparound model.

However, the core model of Canadian High Fidelity Wraparound will not change; what changes is the context within which it is implemented and how the activities in each of the four phases of Wraparound need to be adapted to fit each of these differing contexts.

Starting in the fall of 2013, a subcommittee will be developed to further evolve our Canadian High Fidelity Wraparound model Coaches’ Training program.

3. To develop varied/creative/culturally sensitive and effective strategies and models of community mobilization that result in resilient/vibrant communities as defined by geography, culture and/or need.

Currently work is being done to both develop and replicate faith based models of Wraparound in Hamilton and Chatham-Kent respectively. A significant part of this work involves the development of models of community mobilization that fit each of these communities.

We have begun discussion on the establishment of working groups for both Aboriginal and Francophone adaptations that will study and develop the adaptations of the Canadian High Fidelity Wraparound model for these respective communities.

If you are interested in hearing and learning more about these emerging models of practice please contact us at Wrap Canada andrewdebicki@wrapcanada.org

4. To develop a strong consumer voice across the age spectrum/life cycle that results in meaningful participation in all aspects of the work of the association.

We continue to encourage past consumers of Wraparound to give us feedback whenever possible and especially through program evaluation and research initiatives.

Past consumers of Wraparound are increasingly being invited to get involved on Community Mobilization Teams, to act as volunteer Facilitators and to be volunteer mentors to women, especially those who are isolated from positive supports in their lives.

This an area that continues to need significant further development.

5. To develop the capacity to respond to the unique needs and preferences of the Aboriginal, Francophone and Immigrant and Refuge communities.

Recently Wraparound Facilitator training was provided to an initiative in Vancouver and the lower mainland focusing on serving vulnerable immigrants and refugees. This initiative has been funded by the government of British Columbia for 18 months. What is interesting is that the provincial government required that project staff use a Wraparound model. For further information on this exciting initiative and how they are using the Wraparound process please contact Melissa Cailleaux at Kiwassa Neighbourhood House at MelissaC@kiwassa.ca

There has also been an increase in interest over the last year in obtaining Wraparound training by Aboriginal service providers in different areas of Canada. At the same time there is growing interest in receiving training in Quebec in French. For further information please contact Andrew Debicki at: andrewdebicki@wrapcanada.org

6. To develop linkages within the broader system of care that supports the integration of services for individuals and family at a community and/or a regional, and/or a provincial or territorial level and/or at a federal level.

The Wraparound process is increasingly being adapted to provide strength-based service coordination in a number of communities across Ontario and in British Columbia and through the Department of Education in Alberta as well as Nova Scotia.

We are seeing a groundswell of interest in the Wraparound process by regional, provincial and federal government departments across the country.

7. To develop the capacity to initiate and successfully complete qualitative, quantitative and cost benefit research for individuals and families dealing with unmet needs

Over the last three years the Wraparound Research and Evaluation Network (WREN) has worked diligently to develop and refine a comprehensive program evaluation framework, part of which is embedded within the new Canadian High Fidelity Model of Wraparound.

One of the key principles in the development of this framework has been that the questionnaires and interviews designed and specified must have “added value” to the individuals and their families receiving Wraparound while also assisting the Facilitators to more effectively implement the Wraparound process.

The group is comprised of:

- Wraparound Northumberland, sponsored by the Children’s Aid Society of Northumberland
- The Simcoe County Wraparound Service, sponsored by Catulpa Community Support Service and
- The Hamilton Wraparound group sponsored by Shalem Mental Health Network

Examples of tools that have been developed or utilized include:

1. A Goal Attainment Scaling model that is youth/family driven
2. A Child and Youth Resilience Measure (which is normed and validated) as well as an Adult Resilience Measure (both were developed by Drs. Michael Ungar and Linda Liebenberg and the staff of the International Resilience Centre out of Dalhousie University)
3. Selected scales for youth that have been normed and validated by the Resilience Research Centre that we are also in the process of adapting for use with adults as well
4. A Functional Indicators Questionnaire that the group has developed with the support of Drs. Ungar and Liebenberg that is based on the Social Determinants of Health as identified and described by the Public Health Agency of Canada
5. A participant satisfaction survey designed by Drs. Ungar and Liebenberg
6. The Wraparound Fidelity Index (developed by the National Wraparound Initiative in the US; the wording has been modified with permission to better reflect our Canadian culture and service systems)

Other Wraparound initiatives across the country are looking at the development and use of a variety of evaluation measures both similar and different to the ones identified above.

Discussions are underway to develop WREN as a committee of Wrap Canada whose purpose will be to bring together developers of effective research and program evaluation frameworks from across the country that are clinically helpful.

8. To assist in the development of new policy and practices by all levels of government across Canada that better support and integrate services for people and families dealing with complex needs.

The National Crime Prevention Centre (NCPC) within Public Safety Canada has listed Wraparound as a promising practice on its website based on the evidence base developed by the award winning

Wraparound Milwaukee and replicated by a number of Youth Gang Prevention Projects that were very successful over the last 5 years in different areas of the country.

Over the last year a new call for Letters of Intent under the Youth Gang Prevention Fund was released that asks applicants to replicate successful models from the previous round of funding.

Wraparound is front and centre right at the beginning of a list of only 3 evidence informed practices or best practice models that the NCPC wants to see replicated. This is a huge step forward in getting Wraparound recognized nationally as an evidence informed practice that is effective in working with youth at risk of gang involvement or who are in need of support to exit from gang involvement.

To read NCPC's Overview of Wraparound please put the following link into your search engine:
<http://www.publicsafety.gc.ca/prg/cp/ygpf/ygpf-osa-eng.aspx>

9. To develop a strong sustainability plan for the future of Wrap Canada that includes a strong mix of revenues derived from membership dues, fund raising and fee for service work and the acquisition of funds available from grants and provincial / territorial / federal funding.

We continue to develop and support projects with individuals and groups across the country to further the spread the use of the Wraparound Process in Canada.

We will continue to develop Wrap Canada's infrastructure and services, build further partnerships and develop a track record in providing high quality training, program development and program evaluation. The hope is that in doing so we can attract development funds and greater investment by both the provincial and federal government.

10. To strategically partner with other national associations and initiatives that complement our work and are concerned with the same population of people and families as we are but perhaps from a different direction or approach.

We continue to have the commitment of and support from a ground breaking and knowledgeable group of people to help us move forward with the development and growth of Wrap Canada. This is a group of people with whom we have working relationships and can call for feedback, advice and suggestions as needed. They have or are working nationally already in different and successful Canadian initiatives.

The names of these individuals are as follows:

- Dr. Michael Ungar, Professor of Social Work at Dalhousie University who is the Co Director of the Resilience Research Centre based out of Dalhousie University
- Dr. Linda Liebenberg, Professor of Social Work at Dalhousie University who is the Co Director of the Resilience Research Centre based out of Dalhousie University

- Dr. Jean Clinton, child psychiatrist and well known lecturer across Canada on the Early Years and on other areas such as Understanding the Teen Brain
- Hugh Brewster, National Manager, Canadian Programs, World Vision Canada
- Mark Cabaj, Director, Vibrant Communities Canada